Leave No Trace & Visit New Hampshire Tourism

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**Principle 1: Know Before You Go**

Known before you go means doing your research for safe and fun adventures! To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 2: Stick to Trails and Camp Overnight Right**

Prevent injury and reduce damage to landscapes by sticking to trails. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 2 WINTER VERSION: Stick to Trails**

Prevent injury and reduce damage to landscapes by sticking to snow packed trails. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 3: Trash Your Trash**

Whether you’re out for a short walk or a weeklong trek, carry out what you carry in. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 4: Leave it as you Found it**

Leave nature where you found to help preserve NH. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 5: Be Careful with Fire**

Be careful with fire by burning local firewood and always extinguish fires completely. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 6: Keep Wildlife Wild**

Leave wildlife wild by observing at a distance, refraining from feeding, and always store food securely. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).

**Principle 7: Share the Outdoors**

Sharing the outdoors means being kind and respectful to everyone you meet in NH’s great outdoors. To learn more about the other Leave No trace Principles [NHLeaveNoTrace.com](http://nhleavenotrace.com/).